Rise Above Colorado Youth Survey

The Rise Above Colorado Youth Survey is a data source for behavioral health and substance use attitudes and behaviors among Colorado teens 12-17. The 2016 data of more than 600 youth is based on a representative sample of the entire state. For more information and complete survey data, visit www.riseaboveco.org.

Substance use, 2013 & 2016

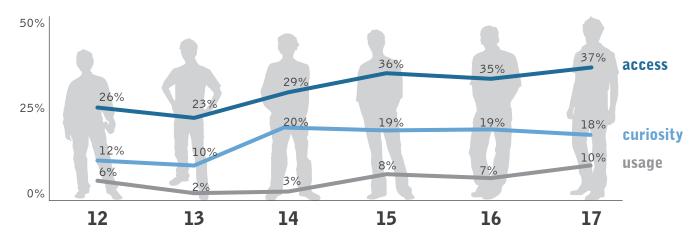
Although concerns exist, the vast majority of teens are making healthy choices about substances



^{*}statistically significant difference from 2013

2016 access, curiosity and use of one or more drugs (marijuana, meth and prescription stimulants and painkillers) by age

Prevention education — begin early and continuously support

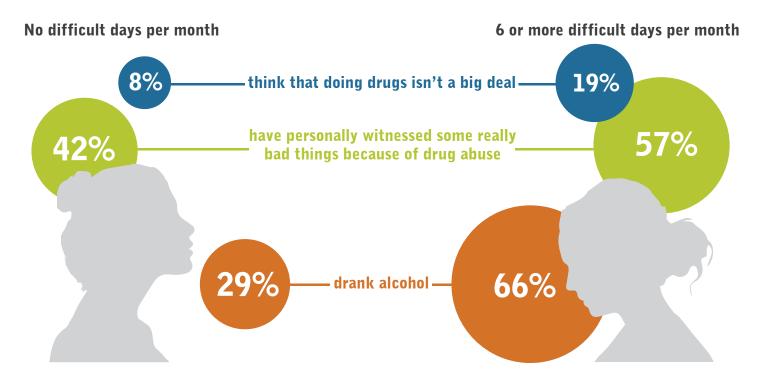






Connections to mental health

The impact of social-emotional challenges are real



Risk & protective factors

Teens who agree or disagree with these statements show statistically significant differences in use of one or more drugs (marijuana, meth and prescription stimulants and painkillers)

Agree	Disagree		
15% use	The schoolwork I am assigned is often meaningful and important to me	24% use	
23% use	I've personally witnessed some really bad things that happened because of drug abuse	14% use	
38% use	Drugs can help manage the stress and pressure we have to deal with	14% use	
53% use	Experimenting with drugs is just part of being a teenager — it's not that big a deal	13% use	



